

Lady Spartans' track finish second at Starpoint

Williamsville North's outdoor girls track team finished second at the Starpoint Team Challenge held on Saturday at Starpoint High School.

The Lady Spartans finished with 59 points, 10 points behind first place Starpoint.

Sarah Mikulski and Caitlin Triantafillou set a meet record in the 400-meter hurdles, running a combined time of 2:22:97 FAT. The old meet record was a hand held time of 2:23.3 set by Clarence in 2006. Mikulski and Triantafillou's individual times of 1:09.08 and 1:13.89 were personal bests.

Sarah Loud and Kim Berus also helped North win the 800 in 4:59.73. Each had individual personal bests and sectional provisional times (Loud, 2:30.39; Berus (2:29.34).

Rachel Dorogi and Caitlin Curry took fifth in the 2000 steeplechase in 17:16.30. Dorogi established the team's first ever freshman school record in the

steeplechase in 8:37.2. Curry ran an 8:39.1. Both are sectional provisional times.

Dorogi also ran a personal best 11:48.23 in the 3000. Dorogi and Natalie Worley, who ran a personal best 12:06.60, combined for third in the 3000 in 23:54.83.

Mikulski and Amy Loud took second in the 100 hurdles in 31.84. Loud's time of 16.65 was a personal best.

The Lady Spartans' 4x800 relay of Berus, Sarah Loud, Triantafillou and Kim Schueler posted an automatic time for sectionals of 10:11.01. The quartet placed second.

The 4x400 relay of Jessica Little, Michele Bauman, Whitney Barrett and Schueler took fourth in 4:18.86.

The 4x100 of Little, Mikulski, Bauman and Amy Loud came in eighth in 52.52.

Little and Amy Loud posted personal bests and sectional provisional times in the 200 with

times of 27.45 and 27.49, respectively. The duo combined for a time of 54.94 and fifth place.

Barrett and Bauman placed sixth in the 400 dash in 2:10. Bauman's time of 1:05.33 was a personal best.

Worley and Schueler took sixth in the 1500 in 10:54.21. Each ran personal bests and sectional provisional times (Worley, 5:39.38; Schueler, 5:14.83).

Little and Raven Baxter also took 17th in the 100 dash in 27.56.

In the field events, Emily Curry and Bauman triple jumped a combined height of 61-11. Bauman leapt a personal best 30-11; Curry was at 31-0.

Emily Curry and Barrett high jumped 9-6 for fifth. Emily Curry and Stephanie Kranz threw the discus a combined 166-4 for sixth. Kranz's throw of 83-0 was a personal best. Curry threw 83-4.

Emily Curry also placed 11th with Baxter in the long jump in 27-9.

Sarah Khan (7-6) and Ashley Materise (7-0) threw the pole



Sarah Mikulski, left, and Caitlin Triantafillou set a meet record in the 400-meter hurdles at the Starpoint Team Challenge on Saturday at Starpoint High School. The duo combined for a time of 2:22:97.

vault 14-6 to take tenth.

In other North girls track news: Dawn Hu set the school record in 1600 racewalk at the Batavia Invite on Saturday. She placed

fourth in 9:35.42 FAT.

North ran Lancaster on Tuesday at North but the result was unavailable before The Bee went to press.

Amherst boys beat South, 89-52

The Amherst Central boys track defeated Williamsville South, 89-52, last Tuesday at Amherst.

Amherst's Bert Smith won the 100- and 200-meter dashes and anchored the team's winning 4x100 relay. David Szymkowiak led off the 4x100 and also took first in the 1600 and 3200. Alex Bible ran the third leg of the 4x800 and anchored the winning 4x800 relay. Bible also placed first in the open 400. Vitaly Sergeyov won the 1600.

In field events, the Tigers' Dion Merrill was first in the shot put and discus and Roland Cook won the high jump and triple jump and took second in the long jump.

Dan Polis and Huron Hill led the Billies. Polis won the long jump (18-7) and took second in the 400 hurdles (1:05). Hill won the 400 hurdles (1:04) and placed third in the high jump (5-4).

Hill also joined Nick Helnick, Tim Krempa and Russ Scheiss to win the 4x400 relay in 3:51.2.

Krempa won the pole vault (9-6), took second in the high jump (5-4) and placed third in the 110 hurdles (15.9).

Scheiss came in second in the 400 (54.2) and third in the 800 (2:20.4).

Helnick went a season-best 57.6 in the open 400 to place third.

Yahs Williams came in second in the shot put (38-9) and third in the 100 (11.8) and 200 (25.2) dashes.

John Stark took second in the 1600 (5:02.5) and 3200 (11:06.7).

The 4x800 relay of Peter Galbo, Stark, Scheiss and Alex Podvezko did not win but broke nine minutes for the first time all season, racing a 8:45.5, to qualify for the Section VI Championships in June.

Nate Hall broke 60 seconds for the first time in the 400 (58.3). Alex Bock took third in the 400 hurdles in a season-best 1:07.5. Graham Taylor pole vaulted 7-6 for third place. It's the first time he's pole vaulted in a meet.

Amherst took seventh with 24 points at the Starpoint Team Challenge on Saturday at Starpoint High School.

Cook and Viron Hale won the triple jump and took third in the high jump. Szymkowiak and Sergeyov combined for a third in the 1600.

Amherst hosted Pioneer on Tuesday but the result was unavailable before The Bee went to press.

South took second at the Holland Tulip Festival Invitational on Saturday at Holland High School with 47 points.

Williams was the team's only winner, taking first in the shot put (36-8.5).

Second places went to Nick Hoffman in the 110 hurdles (18.1), Hill in the 400 hurdles (1:15), Galbo in the 800 (2:18.9) and Podvezko in the 3200 (11:10.2). Third places went to Hill in the 110 hurdles (18.2), Podvezko in the 1600 (5:08.1), Scheiss in the 400 (personal best 53.3), Stark in the 3200 (11:12.3) and Hoffman in the triple jump (33-5.5).

Phil Michalowski and Chris Kraatz ran personal times in the 400 (1:10) and 800 (2:48.4), respectively.

South hosted Starpoint on Tuesday but the result was unavailable before The Bee went to press. They will run in the Joe Paterniti Memorial Track and Field Classic on Saturday at Strider Field in Jamestown.

"They're times are coming down," said South coach Dan Syracuse. "That's what we're looking for. Running pr's (personal records) this early in the season is definitely a positive."

Williamsville East

East and Starpoint were tied at 68-68 going into the last event, the 4x100 relay, and the Flames took second to lose 73-68 last Tuesday at Starpoint.

Greg French was a triple winner in the 110 hurdles (15.8), 400 hurdles (59.5) and triple jump (n/a).

Scott Ryan won the 1600 (4:36) and 3200 (10:16) in personal best

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HIGH SCHOOL SPORTS CALENDAR

Wednesday, May 14

Baseball: Pioneer at Amherst, 4:30 p.m.; W.S. East at Sweet Home, 4:45 p.m.; South at East, 4:30 p.m.

Boys lacrosse: Sweet Home at W.S. East, 4:15 p.m.; North vs. Penn-Yann (Alfred University), 5 p.m.; Clarence at South, 7 p.m.

Girls lacrosse: Springville at Amherst (Kings Hwy.), 4:30 p.m.; W.S. East at Sweet Home, 4:45 p.m.

Softball: Pioneer at Amherst, 4:30 p.m.; Sweet Home at W.S. East, 4:30 p.m.; East at South, 4:30 p.m.; Sacred Heart at Mt. St. Mary's (Amherst Pepsi Center), 4:15 p.m.

Thursday, May 15

Baseball: Lake Shore at South, 4:30 p.m.

Boys lacrosse: Jamestown at North, 5 p.m.

Girls lacrosse: Amherst at East, 4:30 p.m.; North at North Tonawanda, 4:45 p.m.; Iroquois at South, 4:30 p.m.

Softball: Amherst at Sweet Home, 4:15 p.m.

Girls tennis: Sacred Heart at Park, 4 p.m.

Friday, May 16

Baseball: Starpoint at Amherst, 4:30 p.m.; Sweet Home at Hamburg, 4:30 p.m.; East at Iroquois, 5 p.m.; Jamestown at North, 5:15 p.m.

Boys lacrosse: Lake Shore at Amherst, 6 p.m.; Lockport at Sweet Home, 5 p.m.; Iroquois at East, 5 p.m.

Girls lacrosse: Sweet Home at W.S. West, 4:30 p.m.

Softball: Starpoint at Amherst, 4:30 p.m.; Hamburg at Sweet Home, 5 p.m.; Iroquois at East (Transit Middle), 4:30 p.m.; North at Jamestown, 5 p.m.; South at Lake Shore, 4:30 p.m.

Saturday, May 17

Baseball: Amherst at Lake Shore New Era Tournament, 10 a.m.

Girls lacrosse: East at Iroquois, 10 a.m.

Monday, May 19

Baseball: Amherst at South, 4:30 p.m.; Sweet Home at Cheektowaga, 4:30 p.m.; Orchard Park at East, 4:30 p.m.

Boys golf: Section VI Championships, 9 a.m. Lancaster Country Club

Girls golf: Section VI Championships, 9 a.m., Brookfield Country Club

Boys lacrosse: East at Clarence, 5 p.m.; North at North Tonawanda, 5 p.m.; South at East Aurora, 7 p.m.

Girls lacrosse: Hamburg at Amherst (Turf), 6 p.m.

Softball: Amherst at Clarence, 4:30 p.m.; East at North, 4:30 p.m.

Tuesday, May 20

Baseball: Sweet Home at Starpoint, 4:15 p.m.; Cheektowaga at South, 4:30 p.m.

Boys lacrosse: Amherst at Canisius, 5 p.m.; Orchard Park at Sweet Home, 5 p.m.; East at North, 5 p.m.

Softball: Sweet Home at Ken. East, 4:30 p.m.; Frontier at East (Transit Middle), 4:30 p.m.

Boys outdoor track: Amherst at East, 4:30 p.m.; Lake Shore at Sweet Home, 4:30 p.m.; North at Frontier, 4:30 p.m.; Pioneer at South, 4:30 p.m.

Girls outdoor track: Amherst at East, 4:30 p.m.; Lake Shore at Sweet Home, 4:30 p.m.; North at Frontier, 4:30 p.m.; Pioneer at South, 4:30 p.m.

Boys tennis: Section VI Singles Championships at Lancaster, 3 p.m.



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