

BeeHealthy *Timely Hints for a Healthy Lifestyle*

Harvest of Hope to benefit MDA

The Western New York chapter of the Muscular Dystrophy Association will hold its Fifth Annual Harvest of Hope benefit at 6:30 p.m. on Friday, Oct. 19 at the Statler Ballroom, 107 Delaware Ave., Buffalo.

The event will include selections from many local wineries and microbrew companies, such as Johnson Estate Winery, Merritt Estate Winery, Dr. Frank's Wine Cellars, Southern Wine and Spirits, Premier Group and Flying Bison Brewery.

A silent auction with over 50 items donated by area businesses and friends of the MDA, including two complimentary round-trip tickets from Southwest Airlines, will be available for bidding.

In addition, there will be a raffle for a Toshiba 42-inch flat-screen television and DVD player. Tickets for the raffle are available at the event.

The evening's entertainment will be provided by Civiletto Sings Sinatra.

Alfred Caffiero, once a physical therapist, now lives

with amyotrophic lateral sclerosis and helps support the MDA and its beneficiaries as a member of the Harvest of Hope committee.

"When I was practicing physical therapy, my goal was to help my patients get better," said Alfred Caffiero.

"I never thought that someday I would be a patient," he said. "Now that I have my friends at the MDA looking out for me, I can concentrate on my new goal: raising money to find a cure."

The Muscular Dystrophy Association is the world leader among voluntary agencies in fighting ALS.

The MDA's ALS division offers the most comprehensive range of services for those living with ALS and leads the search for a treatment or cure through its aggressive \$13 million worldwide research.

For more information regarding the Harvest of Hope, including ticket sales and sponsorship information, please contact the Western New York MDA office at 626-0035.

Seminar to discuss breast cancer

"Inflammatory Breast Cancer: Disease in Disguise" is the title of the Grand Island Business and Professional Women's Second Annual Health Seminar to be held at 5:30 p.m. Wednesday, Oct. 17 at the Grand Island Holiday Inn, 100 Whitehaven Road, Grand Island.

Inflammatory breast cancer is the most aggressive form of breast cancer.

The event will feature guest speakers Dr. Christine Rizk, staff breast surgeon for the Department of Surgical Oncology at Roswell Park Cancer Institute, and Dr. Sherry

Bradford, oncology research scientist and founder and president of Oncology Research Therapeutics.

Registration is \$20 before October 12 and \$25 thereafter. Your donation includes refreshments and appetizers.

All profits will benefit the Grand Island BPW Scholarship Fund. Flu shots will also be given.

For registration or information, contact Grand Island BPW president Regina Schunk, 308-7262, or seminar co-chair Diane Dinsmore at 773-9184.

Smoking cessation classes set

Kenmore Mercy Hospital will be sponsoring a series of free smoking cessation classes beginning Oct. 3 at Mercy Hospital, 2950 Elmwood Ave. in Kenmore.

To register or to receive additional information on dates and times, call Health Connections at 447-6205.



From left to right, Nancy DiPasquale, Kay Lorenzo and Joan Gamler of the Women Interested in Cystic Health. The group will present a Chinese auction on Wednesday, Oct. 10 at the Brookfield Country Club, 5120 Shimerville Road in Clarence. For more information, call 652-9613.

What's Going On

Tango Buenos Aires music and dance set

The Center for the Arts at the University at Buffalo, North Campus, will present Tango Buenos Aires at 8 p.m. Thursday, Oct. 4 in the Mainstage Theatre. Comprising a dance troupe and live tango orchestra, Tango Buenos Aires is one of Argentina's great cultural exports. Tickets are \$18 general public and \$10 students and are available at the center box office, 10 a.m. to 6 p.m. Monday through Friday as well as all Ticketmaster locations. Call 645-2787.

Women's club to meet, nominate president

The Greater Western District of New York State Federation of Women's Clubs will hold its annual meeting at 9:30 a.m. Thursday, Oct. 4 at the Ramada Inn, 2402 N. Forest Road, Amherst. Featured speaker will be NYSFWC President Kathy Canzano. Margaret Brunson, Aurora Women's Club, will be nominated for the 2008-2010 president-elect. For more information or reservations, call Rhonda Zucker at 652-4057.

Lions Club garage sale set for Oct. 6

The Amherst Lions Club will hold a garage sale from 8:30 a.m. to 12:30 p.m. Saturday, Oct. 6 at Trinity United Methodist Church, 711 Niagara Falls Blvd., Amherst. Every \$6 raised at the sale will save the sight of someone around the world through the Lions "Campaign SightFirst II," which is in the process of raising \$150 million for vision programs. Funds will also go to providing safe drinking water to residents of Third-World countries. Call 694-5814.

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