

ECICs

Amherst girls place second, 4x800 sets school record

Amherst coach Dan Tryon summed up his team's performance at the 50th annual ECIC meet last weekend as "unbelievable."

The Lady Tigers finished second overall with 57 points behind an excellent West Seneca East team.

Sophomore Allison Rogers won the 100-meter dash in 12.60 and was second in the 200 in 26.11. Freshman Brenna Symoniak finished third overall in the 3000 in 10:43.31 and came in fourth in the 1500 in 4:56.31. Sarah Lister finished fifth in the 400 hurdles in 1:08.95.

The 4x100 team of Stephine Woods, Nasya Watson, Ariella Korn, and Rogers placed second overall with a time of 51.58 and the 4x800 team of Celia Alterio, Lister, Symoniak and Arielle Januskiewicz set a school record of 9:58.73 to finish fourth overall.

"I'm extremely proud of all the girls the way they represented their school, their team, their coaches, and themselves," said Tryon.

Williamsville South

For the seventh time in eight years, South has won the 100 hurdles. This year it was freshman Allie Van Buren who took top honors, winning the race in 15.53. Van Buren raced well all day in the event,

winning prelims in 15.50 and taking second in semifinals in 15.92.

Van Buren also took third in the 200-meter dash, finishing in 26.47. Van Buren will compete in the 100 hurdles and the 200 at the Section VI Championships this weekend at Starpoint High School.

Skye McClellan hit personal-best times in the 100 (13.75) and 200 (28.54) but did not qualify for finals. Jenny Mooney had a personal record in the 1500 (5:37.65) as did Rachel Zucker in the 400 (1:08.73).

Amanda Breymeier ran the 800 in 2:36.88 and did not qualify for finals. She leaped 4-10 in the high jump to tie for 11th. Breymeier will compete at sectionals in both events.

Colleen Hurtubise ran a 12:32.90 in the 3000. Stephanie Amodao cleared 7-0 in the pole vault. Megan Munroe ran a personal-best split in the 4x800 relay (2:55.34). She started the season around 3:34.

South finished 14th in team scoring with 16 points

Williamsville North

The Lady Spartans broke several records at ECICs.

Kim Schueler's ninth-place time of 8:10.60 in the 2000 steeplechase destroyed the old record of 8:21 set by Jennifer Redino in 2001.

In the 4x400 relay, Lauren Triantafillou, Meredith Kirby, Michelle Bauman, and Kim Dohn broke a 19-year old school record with a time of 4:12.41 in the semifinals. The old record was 4:14.4, set in 1988. The team finished second in finals in 4:12.86.

Ashley Redino improved her time in the 400 hurdles by two seconds, winning the event in a personal-best 1:08.19. Redino came out of the first heat. Kirby was ninth in the 400 dash in 1:03.39.

In the 100 hurdles, Sarah Mikulski was third (15.77) and Redino was seventh (16.41).

Emily Curry triple jumped to second in a personal-best 34-4. She also was eighth in the high jump with a 4-10. Dohn won the 400 in 1:00.04. Redino was eighth in the long jump in 15-5.5.

The 4x100 relay of Jessica Little, Mikulski, Redino, and Loud were ninth with a time of 52.35.

Other North finishers included Little (200, 12th, 27.91; 100, 23rd, 13.62); Amy Loud (100 hurdles, 18th in prelims, 17.71; 200 21st, 28.66); Kim Schueler (1500, 19th, 5:23.02); Shelbey Gray (400 hurdles, 30th, 1:23.6); Melissa Dobmeier (3000, 32nd, 13:06.83); Lydia Yemchuk (discus, 34th, 75-10); Curry (discus, 28th, 83-4); Sarah

Khan (pole vault, 14th, 7-6); and Amanda Sheriff (pole vault, 19th, 7-0).

"I thought the girls did really well in what I believe to be real strong girls track programs in Section VI," said North coach Julian Blake.

Sweet Home

Freshman Katie Niblock was fourth in the 800 (2:23.78), seventh in the 2000 steeplechase (8:00.75), and 12th in the 1500 (5:07.43). Older sister, senior Megan was third in the steeplechase (7:31.81), 13th in the triple jump (31-10.75), and 22nd in the 1500 (5:26.15).

Freshman Rebecca White took fourth in the triple jump (33-8) and sixth in the 100 (13.20). Sophomore Marissa Criswell took seventh in the 200 in 27.18.

Bianca Smiley came in sixth in the long jump (15-9). Maygan Voros was 12th in the shot put (30-7.75).

Williamsville East

Senior Kaitlin Roseti became the first East girl to qualify for sectionals in the pentathlon with 2,122 points. She finished fourth. The qualifying score for sectionals is 2,100.

Also going to sectionals are Rosie McAfee (triple jump), Kala Allen (100, 200, 400), Kristen Ostanski (triple jump, 4x100 relay), and Caroline Steele (800).

East boys set several high marks; Amherst's Jones wins high jump

It was a record-setting ECIC Championship meet for Williamsville East.

Several school marks fell at the 50th annual ECICs, held at Alden High School on Friday, May 25 and Saturday, May 26.

Leading the Flames were senior Andy Heim and junior Greg French, who placed first and second in the pentathlon with 3,039 and 2,915 points, respectively. Both were personal-best point totals and exceeded the previous school record in the event set in 1999 by Ian Gipson, who still holds the 110-meter hurdles school record. Heim is projected to enter the Section VI Championships this weekend at Starpoint High School ranked second in the pentathlon. Sectionals start at noon on Friday, May 24 and Saturday, May 25.

Another East school record fell on Friday as senior Sean Lanighan and junior Colin Begy finished second and fifth, respectively, in the 800 race. Lanighan was edged out in .11 seconds by Frontier senior Josh Zubler at the finish and blazed to a time of 1:59.6, breaking the old 800

school record previously held by Herb Guth since 1984.

Begy's time of 2:01.7 was a season-best and qualified for sectionals.

Also setting season-best times at ECICs were junior co-captain Matt Pawlicki, who anchored the 1600 meter relay, sophomore Dan Egan with a 19-1 in the long jump for 12th place and senior Dave Taubman, a first-year track athlete and three-time dual meet winner this season in the pole vault (10-6, tied for 14th).

East finished ninth among large schools in team scoring with 29. Besides Heim in the pentathlon, French (110 hurdles, triple jump), Lanighan and Begy (800) and the 4x400 relay of Begy, Lanighan, French and senior Matt Stabel, qualified for sectionals.

Amherst Central

Willie Jones won the high jump in 6-4. David Robinson came in eighth in the triple jump with a leap of 39-11.5. Viron Hale was sixth in the 110 hurdles in 16.29. David Szymkowiak placed fourth in the 800 (2:01.74) and seventh in the 1600 (4:37.76).

Amherst was tied for tenth

among large schools in team scoring with 22.

Sweet Home

The Panthers dominated the shot put with Andrew Hopkins placing second with a throw of 53-11 and Nick Christman taking eighth in 45-10.50. Christopher Akromas threw 36-2 for 32nd.

Christman also took ninth in the discus throw with a distance of 131-10.

In the 1600, senior Jacob Hagen was fourth in 4:31.91 and classmate Ryan Poley was ninth in 4:38.69. Hagen also took fifth in the 3200 in 9:54.71.

Sophomore Matt Cross finished sixth in the 400 in 53.17.

Sweet Home's 4x800 took second in 8:33.71 and the 4x400 relay was seventh in 3:39.56.

Sweet Home finished sixth among large schools in team scoring with 29.

Williamsville North

Senior identical twins Matt and Greg Losi rounded out their final ECIC meet by placing high in the specialty, the jumping events.

Matt Losi won the long jump (21-4.5) and was second in the triple jump (41-8). Greg Losi took

third in the triple jump (41-1.5) and fifth in the long jump (20-8).

Kurt Schlewitt placed seventh in the high jump with a 5-8. Kyle Siskar tied for 11th in the pole vault with a score of 11-0.

Junior Geoff Hurley came in 21st in the 800 (2:11.45) and 16th in the 1600 (4:49.42). Mike Thielman was 17th in the 3200 (10:36.03).

Rick Weiss was 16th in the shot put (43-6.5).

North finished seventh among large schools in team scoring

with 32.5.

Williamsville South

Jordan Lawson tripled jumped 38-4 for 11th place and came in 19th in the long jump with an 18-3.5.

Russ Schiess came in 13th in the 400 in 55.86. Paul Mangold was 20th in the 1600 (4:55.54) and 27th in the 3200 (11:10.74).

Peter Galbo was 29th in the 800 (2:17.53), Alex Podvezko came in 27th in the 1600 (5:03.84) and Max Kagen was 36th in the shot put (32-7.25).

Williamsville Junior Football, Cheerleading to hold information sessions

Boys and girls between the ages of 7 and 13 who reside in the Town of Amherst or the Williamsville, Amherst or Sweet Home school districts can try out for the Williamsville Junior Football and Cheerleading teams.

The league was founded in 1965 and is the oldest sanctioned football league in Amherst. Williamsville Junior Football is a member of the Niagara Youth Football League (NYFL). All football games are played locally against NYFL teams, with home games played at the Amherst Pepsi Center.

Girls interested in regular-season cheerleading can e-mail wjfcheerleading@yahoo.com for more information.

Open information sessions for football and regular-season cheerleading will be taking place from 9 a.m. to noon on Saturday, June 16 and 23 and July 14. The sessions are at the Bob Jones Field House at the Amherst Pepsi Center, 1615 Amherst Manor Dr. You may also register online at www.williamsvillejrfootball.com.

East's

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Williamsville North's Caitlin Curry also advanced, taking sixth with a score of 127. The top nine qualify for the state meet. Williamsville South's Katie Darnley also competed at sectionals, taking 13th. Williamsville East's Emily Williams and Lauren Latorna qualified for sectionals but did not compete.

A Section VI girls golf championship is a dream come true for Williamsville coach Betsy Ulmer, who six years ago founded the WNYPGA Junior Girls Golf Tour with the intent of having enough girls join to push public high schools into having girls golf teams separate from the boys teams.

She also made the initial call to Monsignor Martin High School Athletic Association Executive Director Brian Kiszewski to see if he was interested in having the ECIC play against the Monsignor Martin Association. Kiszewski then met with Ulmer and Dr. Jim Rusin, Williamsville District athletic director and now girls golf chairman, who also showed interest. The two sides agreed to make it happen.

"The girls were absolutely thrilled to have the opportunity to have a varsity girls golf team totally separate from the boys, which I think shows the

growth of the sport," said Ulmer. "It's extremely intimidating to have the girls tee it up with the boys."

Williamsville, which finished 3-3 last fall in non-league matches with the MMA, competed at sectionals with Southern Tier schools Southwestern, which fielded the section champion, senior Ona Peck (96), Fredonia, which in addition to Pagano's third, had the runner-up, eighth-grader Jennifer Ringler (104), and eighth-place finisher, Jessica Valvo (131), and Dunkirk, which qualified three girls for states (Madison Crane, fifth, 113; Teresa Samuelson, seventh, 128; and Rebecca Catalano, ninth, 132).

To qualify for sectionals, golfers must have played in at least six sanctioned matches and the team must be approved by their respective school boards.

"We're kind of embracing this as a player development program and in the next five years we hope to field a team from each of the three Williamsville schools," said Ulmer.

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