

Amherst girls track returns solid core

by **PATRICK J. NAGY**
Reporter

Although Amherst's outdoor girls track team is young, coach Dan Tryon believes he has a solid returning core of athletes who will have a successful season.

Tryon returns senior Arielle Januszkiewicz and junior Celia Alterio. At last year's Section VI Championships, Januszkiewicz finished fourth in the 1500-meters and joined Alterio on the Lady Tigers' third place 4x800 relay. Januszkiewicz and Alterio should run both events this year.

Januszkiewicz will also run the 1600. Alterio will compete in the 800 and 1500. Alterio set a school record in the 1000 during the indoor track sectionals.

Tryon credits Januszkiewicz's work ethic and Alterio's competitiveness for their past successes.

Alterio is off to a good start, placing second in the 800 (2:36.07)



Amherst's Celia Alterio pulls into the lead of the 1500-meter race at the eighth Early Bird Invitational at John F. Kennedy High School on April 14. Alterio finished third in the event. Alterio, a junior, should be one of the Lady Tigers' top distance runners.

Photo by Patrick McPartland
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and third in the 1500 (5:12.63) at the eighth Early Bird Track and Field Invite on April 14.

Other team runners to watch for include Stephine Woods, Allison Rogers, Nasya Watson, and Ariella Korn in the 100, 200, and 4x100 relay. Tryon also returns experienced 400 hurdlers Sarah Lister, Brittany Horvath, Katie Smith, and Mikeala Maddock and experienced distance runners Brenna Symoniak and Diane Herzog. Symoniak won the indoor track section title in the 3000.

Michelle Niblock and Leanne Kopec will anchor the Lady Tigers' pole vaulters high jumpers, respectively.

Tryon said freshmen to watch include Olivia May, Victoria Sosnowski, Annalisa Plovino, and Danielle Miller. The events they will compete in were not made available before press time.

"These groups of girls are hard working, competitive, and very

dedicated," Tryon said. "They are a very energetic and entertaining group that does an awesome job of mixing hard work and fun, which makes it a pleasure not only to coach but more importantly be around."

Amherst Central 2007 Schedule

| | |
|---|-----------|
| 4-24 Starpoint..... | 4:30 p.m. |
| 4-28 Ken West Invitational (Crossby Field) | 10 a.m. |
| 5-1 at South..... | 4:30 p.m. |
| 5-8 at Pioneer..... | 4:30 p.m. |
| 5-12 Starpoint Team Challenge (Starpoint High School) | 10 a.m. |
| 5-15 East..... | 4:30 p.m. |
| 5-21 All-Amherst Championships (Amherst High School) ... | 4 p.m. |
| 5-25 ECIC Championships (Alden High School) | 3 p.m. |
| 5-26 ECIC Championships (Alden High School) | 10 a.m. |
| 6-1 Section VI Championships (Starpoint High School) | noon |
| 6-2 Section VI Championships (Starpoint High School) | noon |

Depth aids division title repeat hopes for East tennis

by **PATRICK J. NAGY**
Reporter

One of the reasons why Williamsville East has a good shot at repeating as ECIC Division II champions in boys tennis is its depth.

"We have 18 players and there is very little difference between our first and eighteenth player," said East coach Randy Ball, whose team went 12-0 last year. "Our doubles should be very strong all year long because of the number of strong players

we have competing for those spots. Our singles players are solid and should hold their own in league play."

The starting lineup has yet to be determined but Ball has a good idea of who will play at a singles and doubles position.

Junior Matt Kweller, sophomore Jerome Luo and senior Mike Metzger will all be in the mix for a starting singles spot. Kweller, returning as a third-year starter, has played first doubles the past two years. Luo played second singles as a freshman. Metzger enters his fourth year on varsity.

The Flames doubles teams will feature junior Joe Buran, a three-year starter at first singles, junior and three-year player, Marc Chaskes, freshman Andrew Legarreta, junior Richard Sina and senior Taylor Deer.

Ball said that without knowing the rosters of the other schools in ECIC II he expects another tough battle with Sweet Home and feels his team will be fighting for first place by the end of the season.

Williamsville East 2007 Schedule
4-18 Nichols..... 4 p.m.

| | |
|--------------------------|-----------|
| 4-20 at Sweet Home..... | 4 p.m. |
| 4-23 at Lake Shore | 4:30 p.m. |
| 4-27 at South..... | 4 p.m. |
| 4-30 Iroquois..... | 4 p.m. |
| 5-2 W.S. East | 5 p.m. |
| 5-3 Hamburg..... | 4 p.m. |
| 5-7 Sweet Home | 4 p.m. |
| 5-9 Lake Shore..... | 4 p.m. |
| 5-10 at Iroquois..... | 4 p.m. |
| 5-11 at Hamburg..... | 4 p.m. |
| 5-14 South..... | 4 p.m. |

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Sports briefs

Medaille College men's basketball coach Mike McDonald will host **two weeks of basketball camps** for boys' ages 6 to 14 at Medaille College, 18 Agassiz Circle, Buffalo. The sessions will be held from 9 a.m. to 4 p.m. June 25 to 29 and July 30 to August 3. Early drop-off and late pick-up are available each day.

The camp also includes games, contests, and instruction. All campers will receive a "Maverick Pack", which includes a reversible jersey, T-shirt, basketball, and a gym sack. The cost of the camp is \$200. Family and team discounts are available. For more information, call 880-2347.

A workout camp will be held this summer at Medaille College, 18 Agassiz Circle, Buffalo. The camp will be run in small groups (no more than four campers at a time) and focus on areas the camper wants to improve. The camp will be run by Medaille College men's basketball coach Mike McDonald. For more information, call 880-2347.

Flips Gymnastics & Sport of Lockport will hold the 2007 Spring Graffiti Invitational at 8:30 a.m., 11:30 a.m., 2:30 p.m. and 5:30 p.m. on Saturday, April 21 and at 8 a.m., noon, and 3:30 p.m. on Sunday, April 22 at the Amherst Pepsi Center, 1615 Amherst Manor Dr. Approximately 450 gymnasts from Rochester and throughout Western New York will take part in the event, which is also expected to draw 1500 to 2000 spectators. The event is a state qualifying invitational. Admission for age 18 and over is \$8. Children 4 and under are free. For more information, call Brian Kahle (479-1055) or Don Beecher (433-8811).

Williamsville North High School graduate Katie Lyons scored two goals and one assist in the Buffalo State College's 14-10 loss to Fredonia State College on April 10.

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